

Kinder Trust (Regd.)

Together, let's make the world a better place

Activity Report 2024-25



Inauguration of
**Kindness Rehab Centre of
Excellence.** Naduhatty- Sept 2024



Medical & Surgical Assistance
For People with Disabilities - Disorders



Camps for Health, Prosthesis, Orthosis,
Assistive Devices & Equipment



Skill Development: Learn & Earn
TARVI: Training & Resource Centre for
the Visually Impaired



Community Service Programs
Wayanad Flood Relief & Rehabilitation

Supported by:

Portescap

Partners in engineered Motion.

A REGAL REXNORD BRAND

RegalRexnord

Technical Partners



Kindness Rehab Centre was established in January 2022 through a technical alliance with the Association of People with Disability (APD) Bangalore. In September 2024, due to the growing number of patients, we relocated to our new premises **Kindness Rehabilitation Centre of Excellence**, at Naduhatty, Kotagiri. This centre provides therapy, medical support for individuals with disabilities, and adults with disorders requiring pain management. Block-A was generously sponsored by **Regal Rexnord India** group of companies and Block-B by HDFC Bank, **Pirojsha Godrej Foundation**, **Nihchal Israni Foundation**, **Rashmi-Viki-Mala Sethi family**, **Bharucha family**, **Indian Designs Pvt Ltd** & **Justice Rohinton Fali Nariman (Retd)**. We are also grateful for the ongoing support of the District Administration and the Government Health Department. Today, we are proud to serve numerous patients daily, at our Centre, at their homes and also at the Government General Hospital, providing essential & life-changing rehabilitation services completely free of cost.

Kindness Rehab Centre

Kindness Rehab Centre of Excellence

Old Centre



Vannarpet Dec 2021 to Sept 2024

New Centre



Naduhatty since September 2024

We adopt a comprehensive "life cycle" approach, offering a range of therapies:-



Physiotherapy, speech and audiometry, Occupational therapy, Play therapy, Medical consultations, Online consultations, Paediatric check-ups, Early intervention, Aqua therapy & Psychotherapy.

Medical Aid & Surgery Assistance for People with Disability & Disorders

Kinder Trust has collaborated with several esteemed medical institutions, including KMF Hospital-Kotagiri, Kaka Ba Hospital-Hansot, CMC Vellore, Mahaveer Jain Hospital-Bangalore, Arvind Eye Hospital, Ortho One, Ramakrishna Hospital, PSG Hospital & Cancer Foundation @ Coimbatore, Smile Dental Care-Bangalore & Dr. Moopen's Medical College Hospital-Kerala.



Kinder Trust has received invaluable support from distinguished doctors paediatricians and specialists :- including Dr.Koshy, Dr.Shobhana, & Dr.Vel Murgan, as Dr.Bharat Champaneria, Dr.Tony Abraham, Prof.Ashish Gupta, Dr.Vijay Sadasivam, Dr.David Raj, Dr.Terrence Jerome, Dr.Akila, Dr.Chaitanya, Dr. Nandita, Dr Anju Rai, Dr.S Balaji (CCF), Dr.Som Sukla & Dr. Prashanth. These doctors have enabled us to provide comprehensive medical support & services to those in need.



CUMULATIVE TOTAL AS ON 31 MARCH 2025 :-

14389

Therapy Sessions

4345

Registered Beneficiaries

106

Outreach Locations

78

Assisted Surgeries

77

Medical Camps

69

Beneficiaries for monthly life saving medication

62

Child Malnutrition Assistance

34

Child Educational Support by RISE Trust & other donors

18

Orientation & Trainings, Healthcare Workers Workshops /Awareness Programs

CAMPS FOR HEALTH, PROSTHESIS, ORTHOSIS, ASSISTIVE DEVICES & EQUIPMENT

Between April 2024 and March 2025, Kinder Trust facilitated life-changing surgeries for numerous individuals,

including:

- 15 Eye surgeries
- 1 Hysterectomy
- 1 Kidney surgery
- 1 Modular leg prosthesis
- 1 Varicose vein surgery
- 16 general surgeries



In addition to these surgeries, Kinder Trust also distributed essential assistive devices,

including:

- 39 Spectacles
- 172 Hearing Aids
- 6 Wheelchairs
- 15 Prosthetics
- 20 Mobility Devices



These efforts were possible through our association with APD Bangalore, Freedom Trust-Chennai, Doctor Trust-Mumbai & Smile Dental Care-Bangalore.



COMMUNITY SERVICE PROGRAMS

Project Off to School:

Kinder Trust provided transport facilities for children with disabilities to the Arignar Anna Government Higher Secondary School Day Care Centre.

Periodic Donations:

Kinder Trust regularly distributed blankets, clothing, toys, and books to low-income (PwD) colonies especially on World Disability Day.

Educational Support:

Kinder Trust assisted in the education of 33 children through our association with **Rise Trust-Chennai**.

Cancer Awareness Programs:

Cancer awareness program for students (Tobacco/drug Awareness) reaching 1500 participants in association with **Coimbatore Cancer Foundation** was conducted at two Schools and one College in Coonoor. We also plan to conduct many preventive screening camps for Women's Cancer detection.

Supporting Education & Well-being:

403 pairs of **Tata Better Soles**-export quality shoes were distributed in three blocks, Coonoor, Kotagiri and Udthagamandalam, at several schools & rural sports clubs in association with **Step Up Foundation**.

Wayanad-Chooralmala Land Slide Relief & Rehabilitation

Supported by WZO (World Zoroastrian Organization):-

- Provided surgical & medical treatment to 16 landslide victims @ Dr.Moopens Medical College / hospital .
- Donated water purifiers to Meppadi Govt.Hr. Sec. School-Wayanad.
- Installed a smartboard at Meppadi Govt.Hr. Sec. School-Wayanad, (WZO Trust, partly with Children of Parikrma School Bangalore.)

Supported by Regal Rexnord :-

- 25 laptops were donated to Meppadi Govt. Hr. Sec. School-Wayanad and 5 laptops to Kalvithunai School. This was facilitated by Wayanad Round Table-277.



LEARN & EARN: SKILL DEVELOPMENT TRAINING CENTRE

Project Learn & Earn was set up to help people with disability/disorders, their family members, widows, & women in need, to earn a livelihood. This centre conducts courses in tailoring, crochet, knitting, basket weaving, beautician training, paper pens making, bio products, food preservation, assembly of electronic PCB's, & to also provide assistance to find employment. A total of 160 persons were trained during this financial year, most of whom are now earning a livelihood. This is through a self help group, **Women's Strength**, that was established in December 2022, assisted by Kinder Trust.

TARVI: TRAINING & RESOURCE CENTRE FOR VISUALLY IMPAIRED

TARVI was established in May 2023 with the generous support of the **MICROLAND Foundation**. The center was officially launched by Thiru.S.P.Amrith IAS, Collector of Nilgiris, in collaboration with our technical partner, **National Association for the Blind-Karnataka**. Since its inception, TARVI has successfully completed four batches of training, third and fourth graduated in FY 2024-25.

Empowering Visually Impaired Individuals

This initiative aims to empower visually impaired individuals by equipping them with essential skills and sustainable livelihood opportunities. Focus is on computer education using NVDA Software, a free screen-reading software that enables visually impaired users to operate computers independently. In addition to digital literacy, the program includes training in Braille, spoken English, soft skills, and introduces participants to yoga and music for holistic development. **Laptops were donated by Regal Rexnord to the students.**

Achievements

The **TARVI** center has already achieved remarkable success:

- 33 students have completed the training program to date.
- 90% students have secured placements in prestigious companies.
- 10% students continue to prepare for further studies and government examinations, including TRB, TET, TNPSC, & others.
- Most importantly, the graduates are empowered to better navigate today's digital world.



Supported by

MICROLAND[®]
FOUNDATION
TOGETHER FOR A BETTER TOMORROW

Technical Partners



Renovation of Female In-patient Ward:

The female in-patient ward at Coonoor Government Hospital had been renovated with the generous financial support of the **Microland Foundation**, extended to Kinder Trust for administration. This project was facilitated by Ms. Radhika Shastri, Mr. Charles Nathan, and Mr. John Thekkanal. The renovation provides a modern, comfortable, & hygienic environment for female patients, including a dedicated attendants' area & upgraded toilet blocks - significantly enhancing the overall quality of healthcare services in the region.



New Sub-Centre at Palliative and Geriatric Centre at Coonoor GH:

Kinder Trust with the approval of the District Collector, Nilgiris, Tmt. Lakshmi Bhavya Tanneeru, IAS, established a physiotherapy service at the P&G Centre in Coonoor Government Hospital from March 2025. This initiative aims to provide essential rehabilitation services to individuals with disabilities in Coonoor Block. The trust acknowledges the support of the District Collector and Joint Director of Health Services – Udthagamandalam.

Trustees of Kinder Trust



Diana Cyrus Bharucha.
Retd. Business
Entrepreneur,
Activist for social issues



V.S Ramana.
Retd. Head CorpComm,
CSR & Skills tr L&T.
Founder Heartbeat
Foundation.



Samantha Iyanna.
Business Entrepreneur,
Founder, Clean
Coonoor



Sreenivas Naidu,
Businessman, Founder
Trustee Smile Charitable
Trust. (Stepped down Aug '24)

Advisory Board

Dr. Sunder Subramaniam, Latha Narsimhan, Jayashree R, Radhika Shastri,
Dr. Aparna Sahu, Cyrus Bharucha, Nithila Bhaskaran & Dr. Rajesh Chandra

Partnering Hospitals:

Together, let's make the world a better place

Together with the following hospitals we have been able to assist in surgeries and treatment:- KMF Hospital- Kotagiri, KAKABA Hospital-Hansot, Ortho One-Coimbatore, PSG Hospital /Coimbatore Cancer Foundation, Coimbatore, CMC Hospital-Vellore, Bhagwan Mahaveer Jain Hospital-Bangalore, Aravind Eye Hospital, Sri Ramakrishna Hospital-Coimbatore & The Charles Pinto Centre for Cleft Lip and Palate-Thrissur Dr.Moopen's Medical College / hospital,Wayanad.

Supported by:



Euroflex

Transmissions (India) Pvt. Limited



marathon
ELECTRIC

Portescap

Partners in engineered Motion.

A REGAL REXNORD BRAND

Partners in Kindness:



**PIROJSHA
GODREJ
FOUNDATION**



**NIHCHAL ISRANI
FOUNDATION**

**MICROLAND[®]
FOUNDATION**
TOGETHER FOR A BETTER TOMORROW



TATA INVESTMENT CORPORATION LIMITED



The WZO Trust Funds

TVS
TM



**SRINIVASAN
SERVICES TRUST**



VITRAG GROUP

Justice Rohinton F Nariman (Retd), Adv Fali Sam Nariman, Sir Jamsetjee Jejeebhoy Parsee Benevolent Institution, Ayesha Jhunjunwalla, Wg Cdr Rakesh Sharma, Mrs. Phiroza Feroze Neterwala, Mala, Rashmi and Viki Sethi, Ariez Kothavala Memorial Trust, Perowshaw Dhunjishaw Bolten Charites, Sachin Vittaladas Shenoy, Mr.& Mrs. Darius Bhardurji, Mr.Kuppuraj, Rprocess Outsourcing Pvt. Ltd, Amish Jaswantlal Khandhar, N. M. Wadia Charities, C.S.D Adenwalla Trust, Steriplat Pvt. Ltd., Rati Farhad Forbes, Sethna Constructions Pvt, Ltd., Byramjee Foundation, M Pallonji Logistics, Ms. Aban Doodhmal, Tinaz R Dastur, Sri Srisha Educational Trust, Times Strategic Solutions, G D Naidu Charitable Trust, RISE Trust, Doctor Trust, PMG group, Feroza Jassawala, Adv.Sree Kumar, Sonia Gadeock, Anita Sibal, Daksha Bhat, Preity Jain, Mathew Jacob Mr.Harris, Sai Baba Trust Hubballai and all the other individual donors and volunteers.

Our Well Wishers:

Mr.& Mrs.Rishi Bhatnagar, Mr.Melhi.M.Golvala,

Mr.Hosi Sinor, Mr.Farokh N.Subedar &

Mr.Harikrishnan H, Mr. Aroon Raman,

CONTACT US ; Kinder Trust.

Kindness Rehabilitation Centre of Excellence

2/336 & 337, Coonoor-Kotagiri Main Road,

Naduhatty Village,

Near Hosahatty, Kattabettu Post, Kotagiri.

The Nilgiris - 643214.

Postal Address:

Kinder Trust, 23,Themi Villa,

Appleby Road, Coonoor, The Nilgiris - 643231

Phone: +91 80728 82525 (Official Number)

+91 98804 33711 (Managing Trustee)

Email: kindertrust21@gmail.com



+91 8072882525

kindertrust21@gmail.com

kindertrustcoonoor

@Kinder_trust

www.kindertrust.org

digitally
powered
by
daksha.org