

# Kindness Rehabilitation Centre of Excellence Report

JANUARY 2022  
TO  
DECEMBER 2024



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Technical Partners





**A disused Government Primary school was permitted by the Collector of Nilgiris Thiru.S.P.Amrith IAS. in the year 2022 to be used by Kinder Trust as a Rehabilitation center in Coonoor, The Nilgiris, for the benefit of the underprivileged.**

**From 12th Dec 2022 to 16th Dec 2024**

**Technical Partners**



**The Rehabilitation Centre offers a host of free therapies;**

**Physiotherapy**

**Audiometry**

**Electro Therapy**

**Speech Therapy**

**Psychotherapy**

**Electrotherapy**

**Play Therapy**

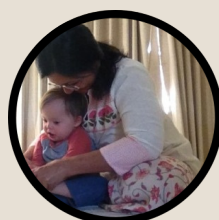
**Occupational Therapy**

**Aqua Therapy**



## **Professional Staff**

**With well qualified staff, volunteers & Doctors tele consultations, many therapies are offered. Within a short time an average of 30 beneficiaries visited the Centre daily. Outreach for home therapy is also provided for patients with mobility issues daily. Apart from this patients are provided consultations at frequent medical camps and outreach sessions.**

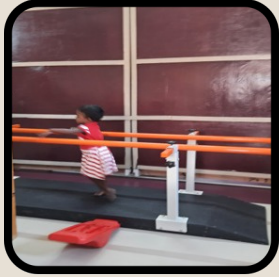




# Services Offered

## Kindness Rehabilitation Centre

A " Child Friendly" Centre where children / adults with disabilities & elders with disorders are happy to come for different kinds of therapy. A total of 4313 registrations of people with disability/disorder was done at the Centre till 31st December 2024



## Medical Camps

60 free camps were held for the benefit of people with Disability/Disorders.

1. Pediatric Medical Camps.
2. Eye Camps.
3. Audiometric Testing/ distribution of free hearing aids.
4. Prosthesis assistive devices and Equipment Distribution.
5. Cancer Camp.
6. Diabetic Camps
7. Workshops/Awareness Programme were conducted for Government Health Care workers, NGO's, Students and Special educators.





# Impact as on 31st December 2024

**14389**



**Therapy Sessions**

**4313**



**Registered Beneficiaries**

**100**



**Outreach  
Locations**

**77**



**Patients Assisted by  
us for Surgeries**

**60**



**Medical Camps  
Conducted**

**57**



**Beneficiaries were given  
monthly Medical  
Assistance life saving  
approach**

**34**



**Children were assisted  
through Educational Support  
by Thotakadamdom Dharma  
Paripalana & other donors**

**62**



**Malnutrition  
Assistance in  
Gandhipuram ICDS**

**15**



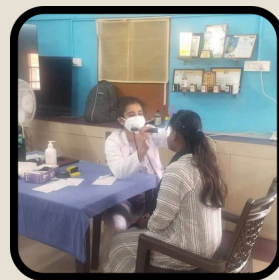
**Orientation & Trainings for  
the Govt. Health care  
workers Workshops/  
Awareness Programmes**





# Eye Camps Jointly With Aravind Eye Foundation

1401 Free testing were done, 478 free spectacles were distributed, 37 cataract surgeries and Cornea transplant were performed.



# Audiometric Camps sponsored by APD Bangalore

228 hearing impaired beneficiaries were tested and 199 free hearing aids were distributed till 31st December 2024, with assistance of APD Bangalore.



# Surgical Assistance

77 beneficiaries that needed surgical intervention for their disability were assisted by Kinder Trust. This included cleft Lip, Ortho- hip and knee replacements, limb corrections, spinal cord, heart interventions, cancer / Coma treatment and eye surgeries.





# Free Prosthesis Camp with APD and Freedom Trust

**202- Free prosthesis, orthosis, wheel chairs and mobility equipment were distributed by Kinder trust at Coonoor & Gudalur sponsored by APD Bangalore and freedom Trust**



## Outreach Programme

**At 100 locations for providing therapy and assessment of Early Intervention (EI)/Disability were conducted at various places different locations in Coonoor Taluk .**



## Workshops/Awareness Programme

**On Autism & Epilepsy by Dr.Shobha Sivaramakrishnan NHS ( UK) & Dr.Vel Murugan, Pediatric Neuro Consultant, Coimbatore.**

**Principles of Physiotherapy by Dr.Sunder Subramaniam renowned Physiatrist of India.**

**Total of 105 participants attended these sessions along with a screening of 45 children thereafter by the specialists.**

**"Awareness of Drug Abuse" by Dr.Lavanya at St.Anotny's Hr. Sec. School around 900 students participated.**





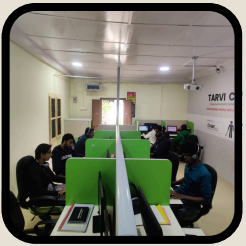
# Community Service

Project off to School ; Vehicles provided by Hindustan Petroleum Corporation Limited (HPCL) and World Zoroastrian Organisation Trust (WZO) Provide for transporting children with special needs to and from the Government Day care Centre at Coonoor.



## TARVI-Training & Resource Centre For Visually Impaired

TARVI - A training and resource centre for visually impaired supported by MICROLAND Foundation was inaugurated on the 1st of April 2023. This centre was launched by the Collector of Nilgiris, Thiru S. P. Amrith IAS. The centre aims to impart skill training and livelihood opportunities for visually impaired persons. Computer training is provided through the use of non-visual desktop access or NVDA which is a free screen reading software which enables people with blindness to use computers.



1642 New Tata Better Soles quality shoes were distributed in the Government Schools



Project Learn & Earn : We have provided the following free training courses, at our skill development Centers at Vannerpet and Hubbathalai for people with disability or their family members/ women in need.

292 women in tailoring, 64 women in knitting and crochet, 59 women in Basket weaving and bag weaving. 43 women In food preservation, 25 women In electronics / PCB assembly, 55 women in Beautician course, 44 women in paper seed pen making . Kinder trust has assisted the women to start a Self Help Group so that they can produce and sell their products collectively.



# Partnering Hospitals

Together with the following hospitals; we have been able to assist in surgeries and treatment. KMF Hospital- Kotagiri, KAKA-BA Hospital-Hansot, Ortho One - Coimbatore, PSG Hospital-Coimbatore, CMC Hospital-Vellore, Bhagwan Mahaveer Jain Hospital- Bangalore, Aravind Eye Hospital, Sri Ramakrishna Hospital-Coimbatore and The Charles Pinto Centre for Cleft Lip and Palate- Thrissur.

## CONTACT US

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