

# Kindness Rehabilitation Centre Report

January 2022 to December 2023





Supported by

**Our Technical Partners** 









A disused Government Primary school was permitted by the Collector of Nilgiris Thiru.S.P.Amrith IAS. to be used by Kinder Trust as a Rehabilitation center in Coonoor, The Nilgiris, for the benefit of the underprivileged.

**Technical Partners** 



The Rehabilitation Centre offers a host

of free therapies;

Physiotherapy

Audiometry

**Speech Therapy** 

**Psychotherapy** 

Electrotherapy

**Play Therapy** 

**Occupational Therapy** 



#### **Professional Staff**

With well qualified staff, volunteers & Doctors tele consultations, many therapies are offered. Within a short span of commencement 15 to 45 patients visited the Centre per day. Outreach for home therapy is also provided for patients with mobility issues daily. Apart from this patients are provided consultations at frequent medical camps and outreach.













# Services Offered Kindness Rehabilitation Centre

A "Child Friendly" Centre where children / adults with disabilities & elders with disorders are happy to come for different kinds of therapy. A total of 3203 registrations of people with disability/disorder was done at the Centre till December 2023.





















### **Medical Camps**

40 free camps were held for the benefit of people with Disability/Disorders.

- 1. Pediatric Medical Camps.
- 2. Eye Camps.
- 3. Audiometric Testing/ distribution of free hearing aids.
- 4. Prosthesis assistive devices and Equipment Distribution.
- 5. Cancer Camp.
- 6. Diabetic Camps
- 7. Workshops/Awareness
  Programme were conducted
  for Government Health Care
  workers, NGO's, Students
  and Special educators.



















## Impact as on 31st December 2023

8706

3203

**72** 

65

40

**Therapy Sessions** 

**Registered Beneficiaries** 

Outreach Locations

Patients Assisted by us for Surgeries

Medical Camps
Conducted

34

16

6

5

Beneficiaries were given monthly Medical
Assistance

Children were assisted through Educational Support by Thotakadamadom Dharma Paripalana Workshops/ Awareness Programmes Orientation & Trainings for the Govt. Health care workers









































## **Eye Camps Jointly With Aravind Eye Foundation**

1247 Free testing were done, 410 free spectacles were distributed, 30 cataract surgeries and Cornea transplantation were performed.











## **Audiometric Camps sponsored by APD Bangalore**

138 beneficiaries tested and 125 free hearing aids were distributed till December 2023, with assistance of APD Bangalore.











### **Surgical Assistance**

65 beneficiaries that needed surgical intervention for their disability were assisted by Kinder Trust. This included cleft Lip, Ortho-hip and knee replacements, limb corrections, spinal cord, heart interventions, cancer treatment and eye surgeries.





















135 - Free prosthesis, orthosis,
wheel chairs and mobility
equipment were distributed by
Kinder trust for
Coonoor & Gudalur
sponsored by
APD Bangalore













#### **Outreach Programme**

At 72 locations for providing therapy and assessment of Early Intervention (EI)/Disability were conducted at various places different locations in Coonoor Taluk.











#### Workshops/Awareness Programme

On Autism & Epilepsy by Dr. Shobha Sivaramakrishnan NHS (UK) & Dr. Vel Murugan, Pediatric Neuro Consultant, Coimbatore.

Principles of Physiotherapy by Dr.Sunder Sunbramaniam renowned Physiatrist of India.

Total of 105 participants attended these sessions along with a screening of 45 children thereafter by the specialists.

"Awareness of Drug Abuse" by Dr.Lavanya at St.Anotny's Hr. Sec. School around 900 students participated.











#### **Community Service**

Project off to School was given a boost with Hindustan Petroleum Corporation Limited (HPCL) providing new vehicle for transporting childern with special needs to and from the Government Day care Centre at Coonoor











1148 Tata better soles quality shoes were distributed in the Tribal schools of Kotagiri Block Kunjapannai, Aravenu & Government Schools in Coonoor.











We have provided the following free training courses, till date at our skill development Centres at Vannerpet and Hubbathalai for people with disability or their family members/ women in need.

264 women in tailoring, 49 women In knitting and crochet, 49 women in Basket weaving and bag weaving. 24 women In food preservation, 25 women In electronics / PCB assembly, 42 women in Beautician course, 29 women in paper seed pen making. Kinder trust has assisted the women to start a skill development Centre where they can produce and sell their products.











#### **Partnering Hospitals**

Together with the following hospitals; we have been able to assist in surgeries and treatment. KMF Hospital- Kotagiri, KAKA-BA Hospital-Hansot, Ortho One - Coimbatore, PSG Hospital-Coimbatore, CMC Hospital-Vellore, Bhagwan Mahaveer Jain Hospital- Bangalore, Aravind Eye Hospital and Sri Ramakrishna Hospital-Coimbatore.

#### **CONTACT US**

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